



“creating a village in the city”

Please Contact Us

We are located in the community room at
Kortright Hills Public School
 23 Ptarmigan Drive Guelph, ON N1C 1B5
kortrighthillsng@gmail.com www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Niska Bridge - North to Stone Road

East – Hanlon Expressway;

West – City Limits;

South West – City Limits to Downey Rd;

South East – Teal Dr. from Downey to Hanlon.

April 2024 issue

Visit us on the Web: www.khng.ca

KHNG Upcoming Events & Programs

**26TH
GUELPH SCOUTS
SPRING CRAFT FAIR**
KORTRIGHT HILLS PUBLIC SCHOOL
23 PTARMIGAN DR. GUELPH
FREE ADMISSION
SATURDAY
APRIL 6TH
10:00 AM - 3:00 PM

Featuring many vendors with an array
 of fabulous gift ideas for all your special occasions!

*** REFRESHMENTS * CRAFT STATION * AND MUCH MORE ***

Stay Safe Course by Red Cross

The Stay Safe! Course offers basic first aid and safety skills for youth 9-13 years old. Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.



Date: Saturday April 13, 2024
 Time: 9am-3pm
 Location: Kortright Hills Community Room
 23 Ptarmigan Dr. Guelph, ON
 Cost: \$68, includes course manual, certification card (youth to bring in bag lunch, snack and water bottle)
 Age: Participants must be 9 years old or have completed grade 3

COURSE CONTENT

- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your own
- How to stay safe at home and within the community
- How to prepare for, recognize and respond to unexpected situations (e.g., inclement weather, strangers, and unanticipated visits)
- Basic first aid skills



Red Cross Instructor:
 Sarah O'Brien - 519-362-6478

Register using our google form link or Scan QR Code
<https://forms.gle/wfGezM3HHf9LPdc7>



2024 Partial Solar Eclipse Viewing - Monday, April 8th, 2024 2:00 PM to 4:30 PM

MacNaughton Observatory & Johnson Green Welcome Star Gazers! Orbx here, from the Department of Physics at the University of Guelph. I know any of you have questions about the April 8 2024 eclipse and we're here to help provide you with answers. Check out our website link:

<https://www.physics.uoguelph.ca/events/2024/04/2024-partial-solar-eclipse-viewing>

Please contact physugra@uoguelph.ca and include contact info as well as group size and any accessibility needs to be included in the Observatory tours.

Have a science-tastic day and don't forget to take some time to look up while wearing the solar eclipse glasses.



KHNG Upcoming Events & Programs

Babysitting Course by Red Cross

The Babysitting Course offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.



Date: Saturday May 11, 2024
Time: 9am-4pm
Location: Kortright Hills Community Room
 23 Ptarmigan Dr. Guelph, ON
Cost: \$68, includes course manual, certification card (youth to bring in bag lunch, snack and water bottle)
Age: Participants must be 11 years old or have completed grade 5

COURSE CONTENT

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviour's
- First aid skills
- The business of babysitting



Red Cross Instructor:
 Sarah O'Brien - 519-362-6478

Register using our google form link or Scan QR Code:
<https://forms.gle/wfGezM3HHf9LPdc7>



Summer Camp

Guelph

Ages 7 to 11

July 8 to 12	July 15 to 19	July 22 to 26
Nature Lovers	Young Engineers	STEAM Team
July 29 to Aug. 2	Aug. 6 to 9*	Aug. 12 to 16
Chem Friends	Crafts and Games	Magic STEM

9:00am to 4:00pm

KHNG Community Room 23 Ptarmigan Dr.

\$200/week or \$45/day

(subsidies and extended care available)

Website: www.lifegears.org

Email: admin@lifegears.org **Text/Call:** 5197663030

EMPOWER
 Realty Partners

Annual
 Community Event

**Spring
 Cleaning**
FOR A CAUSE

shred - trash - donate - eat

In support of:



Saturday, May 4th
10:30am - 2:30pm

St. Paul School - 182 Clairfields Dr E

Sponsored By:



<https://empowerrealtypartners.com/spring-clean-event/>



**WHY
 NOT?**
Italian Food

**"We are an authentic
 Italian take-out restaurant
 located in Guelph, Ontario"**

**570 Kortright Rd W,
 Guelph, ON, Canada, Ontario
 226-790-3403
whynotitalianfood.com**

Support A Local Business

Don't forget to use your \$10 GC from the Eggstravaganza loot bag



"creating a village in the city"

Welcome!

Thank You!

Stay Informed:

If you are new to the Neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scout Group, Kortright Hills Public School and the GNSC. Your support for our Neighbourhood is greatly appreciated!

To get email updates of our Neighbourhood events delivered to your inbox, please send your request to kortrighthillsng@gmail.com. Visit our website, Facebook group or page telling you of upcoming events, programs and workshops.

Spring Info!



REGISTER TO ATTEND A SCOUTS CANADA STEM PROGRAMS NEAR YOU

Contact Larry, Group Commissioner
by email: lshutsa@gmail.com

Beavers	ages 5-7	meet Mon 6:30-7:30
Cubs	ages 8-10	meet Mon. 7:00-8:30
Scouts	ages 11-14	meet Tues 7:00-8:45
Venturers	ages 14-17	meet Tues 7:00-9:00

We are looking for volunteers, Join the Adventures

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- * Planning of upcoming events
- * Becoming a leader with 26th Scout Group
- * Volunteering with KHNG

If these or similar opportunities are of interest to you, contact us today at kortrighthillsng@gmail.com
Your help is needed – e-mail us today!!



2024 KHNG
Current
executive
committee
& Ward 6
Councilors at
Boonanza

KHNG Cobs Bread Program



KHNG is pleased to continue "Cobs Bread Program" in 2024.

Feel free to pick up items for your family or a family you know in need. Some items that may be available are loaves of bread, pizza, croissants, pastries (when available).

Cobs end of day giving program connects with the local community by helping every left over items find a home. It makes Cobs a real part of the community and helps reduce waste.

Cobs items will be picked up and delivered to the KHNG Community Room 23 Ptarmigan Dr. (entrance is last door on right off of north parking lot) to be sorted.

Mark your calendars to attend the below Cob dates:

Sunday April 7th & 28th - 6:45 to 7:30pm

Sunday May 5th & 26th - 6:45 to 7:30pm

Sunday June 2nd, 23rd & 30th - 6:45 to 7:30pm

*** Please note dates above may change. Confirmed dates will be posted on our Facebook page and sent out via email. Connect with Leone by email kortrighthillsng@gmail.com if you have any questions ***

BRING YOUR OWN BAGS TO TAKE YOUR COBS ITEMS HOME

KHNG has a small food pantry of items for anyone who needs. When you are in the community room and see something from our pantry that you could use, please ask one of our volunteers to help you or if you can donate to our pantry, please bring & we can add to it.

We ask that you practice social distancing. Masks are optional.

If you would like to volunteer to help sort and distribute Cobs products please contact kortrighthillsng@gmail.com or Sign up using our google form link below:

<https://forms.gle/bpqnnUnwzp2BM5z48>

Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2024

Sponsorship Suggested Rate Scale:

Full page ad, graphics, logo and border

\$100.00 for Newsletter \$50.00 for Website

Half page ad, graphics, logo and border

\$50.00 for Newsletter \$25.00 for Website

Quarter page ad, graphics, logo and border

\$25.00 for Newsletter \$15 for Website

Business card size, graphic, logo and border

\$15.00 for Newsletter \$10.00 for Website

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events

Advertise in our next newsletter July 2024!!

**** KHNG OFFICE IS OPEN ****

**REACH OUT TO OUR STAFF TO
REQUEST USE OF THE ROOM**

EMAIL: kortrighthillsng@gmail.com





"creating a village in the city"

Spring Info Cont'd!

KHPS Dates to Remember 2023/2024

Mark your calendars, below are the student days off of school for both boards.

Upper Grand District School Board

(H-Statutory Holiday P-Professional Activity Day
B-Board Designated Holiday E-Exam Day)



Elementary Calendar:

Apr 1 (H); 8 (P)
May 20 (H)
Jun 7 & 28 (P)

Secondary Calendar:

Apr 1 (H); 8 (P)
May 20 (H)
Jun 20-27 (E); 28 (P)

Wellington District Catholic School Board

(H-Statutory Holiday P-Professional Activity Day
B-Board Designated Holiday E-Exam Day)



Elementary Calendar:

Apr 1 (H); 8 (P)
May 20 (H)
Jun 7 & 28 (P)

Secondary Calendar:

Apr 1 (H); 8 (P)
May 20 (H)
Jun 20-26 (E); 27 & 28 (P)

Stop Flyer Delivery Info

Don't want to receive flyers wrapped in plastic thrown in your driveway??

You can opt out by filling out this PostMedia form.

https://ontario.flyerforce.ca/resident_on



Action Read Literacy Program

Action Read Early Literacy Program: Join us for **FREE**

literacy and numeracy programs! Enjoy story-time, number and language games, songs, rhymes, word play, puzzles, crafts and nutritious snacks. Gain ideas, tips and resources for early literacy activities at home. Caring and nurturing staff, qualified in Early Childhood Education.

Programs operate on a 'first come, first serve' basis in locations throughout Guelph. They are open to parents or caregivers with children aged newborn to 6 years. Register at the program site. For more information, or to check if a site is full, please call 519-836-2759. **KHNG site is Monday's 9:00 am to 12:00 pm.**



KHNG GIGGLE CORNER....



How old were you when you first noticed the "8" in the middle of the 8 of diamonds card?



Technically, Moses



was the first person with a tablet downloading data from the cloud



I remember years ago when all i wanted to be was OLDER

I WAS WRONG!!!



I'M A SMALL BUSINESS OWNER, IF YOU SEE ME TALKING TO MYSELF PLEASE DO NOT STOP ME. I'M HAVING A STAFF MEETING.

Afraid of not getting what you ordered with online shopping?

Try online dating!



Share Community News In The KHNG Newsletter:
KHNG sends an electronic newsletter, four times a year, next issue is July 2024. Want to advertise your business? Want to share your favourite recipe? Write an article of interest? Or are you a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn). Send your information by E-mail to: kortrighthillsng@gmail.com. This is a great way for Kortright Hills Neighbours to come together by sharing thoughts, talents & services with our community neighbours.

Kortright Hills Community News!



KHPS Council & Meetings

SCHOOL COUNCIL

MEETINGS

- Monday, April 15th
- Monday, May 13th (second Monday since the 20th is a holiday)
- Monday, June 24th

The Scholastic Book Fair will be arriving on April 26th. The book fair is a fantastic fundraiser for the library. We earn up to 60% of all sales to purchase new books and resources!



Book Fair Hours

Fri., April 26th 3:10pm - 4:30pm

Mon., April 29th 8:30 am - 11:10 am & 3:10 pm - 4:30 pm

Tues., April 30th 8:30 am - 11:10 am & 3:10 pm - 4:30 pm

Wed., May 1st 8:30 am - 11:10 am

Spring Is A Magical Time Of Year

Cherry Blossom trees are one of the most magical trees for this time of year to get that perfect spring photo. You'll find that most cherry blossoms in Ontario bloom any where from mid-late April to early May.

Sometimes it can be hard to find cherry blossoms in Ontario because they're not exactly native to Canada. We are not as lucky as places like Japan who have beautiful cherry blossoms, or *sakura*, all across the country. Luckily for you, we have found the best places to see cherry blossoms in Ontario.

Here are some local popular places to view the cherry blossoms during the springtime: High Park - Toronto; Kariya Park - Mississauga; Spencer Smith Park - Burlington; Gage Park - Hamilton; Bayfront Park - Hamilton; Queenstown Heights - Niagara on the Lake & Niagara Botanical Gardens - Niagara Falls



Women In Trades Program

WOMEN INTERESTED IN TRADES

This FREE introductory course is designed to introduce women and those who identify as women to the necessary employment skills associated with pursuing work or training in the Skilled Trades. The course focuses on explaining how apprenticeship works, refreshing the numeracy skills associated with working in the trades, as well as building knowledge around the soft skills employers are looking for in their employees. Participants will be required to register in advance and complete an information call prior to the start of the program.

Tue & Thu Apr 23- Jun 13 7-9 pm 8 weeks FREE
Wellington Centre for Continuing Education Rm- 5

Call 226-821-2694 or Email skillsupgradingprogram@ugconed.ca to register

Home-Made Aphid Trap

Home-Made Aphid Trap, Just use an upside down YELLOW Solo Cup pinned to a wood stake & cover the Yellow Cup with a thin layer of Vaseline.
Aphids are Drawn to the Yellow Color thinking its Food, Stick to the Cup & Die. It takes very little time to Make but will save your Plants from Aphid Damage.





Kortright Hills Community News Cont'd!

Uganda

Forgotten People Connection (FPC) is a registered charity whose mission is to create sustainable development opportunities in Kenya, Mexico and Uganda that transform the local people out of poverty and encourage Canadians to take part in the experience. By partnering with local leaders in those countries and here in Ontario, FPC aims to focus initiatives through education, healthcare, agriculture and entrepreneurship.

Working alongside local people, FPC builds relationships with existing schools and families by partnering where they are needed. Some examples are building school houses, homes for families, latrines, securing access to clean water, planting sustainable crops for food security, equipping teachers with books and sports equipment and providing school fees for children in need.

Sponsored by various supporters like the Rotary Clubs of Guelph, the charity is run by a devoted board directors, including Kortright Hills residents Stephanie and Dennis Devey.

Dennis has been on 3 mission trips to Mexico. Once when he was 16 and then in 2018, he returned to Mexico with Stephanie and their 3 boys to help build a school house.

In 2023, Dennis led a team of 17 young adults from Guelph, with a few other Guelph residents you may know, including Karen Dykstra.

Stephanie and Dennis just returned from Jinja, Uganda this past February, with 2 other Guelphites. After 30 hours of travel, they were encouraged to participate in many activities with the local people;

- Giving out teddies to children, (Hand-made by Guelph locals)
- Facilitating a hygiene/sewing clinic for girls to learn to sew and make sanitary pads
- Secured additional sewing machines for an ongoing sewing program that will run out of the new youth center
- Helped purchase materials and took part in the building of a Cookhouse
- Purchased fresh fruits and veggies from the markets
- Served in a meals ministry that fed close to 300 people at church
- Connected families to access doctors for urgent medical care
- Visited Primary and Secondary schools and met sponsored children
- Delivered mattresses to adults and children who otherwise sleep on the ground
- Delivered goats to families
- Visited Cassava and Maize crops, watched the milling process and delivered fresh flour from the mill to families in need.

Unfortunately, there are so many children who are not in school and can be found on the streets. Children who are not in school are at risk of human trafficking, starvation and forced labor.

The FPC Charity aims to equip families with ways they can work together to earn and provide for themselves and their families. If you are interested in learning more about FPC, please visit www.forgottenpeopleconnection.com

Have you thought about going on a Mission trip? Is your company looking to support a project?

Is your classroom looking for pen pals or a fundraising project?

Visit forgottenpeopleconnection.com to connect with us!



Kortright Hills Community News Cont'd!



ANZAC Day

National Day of Remembrance in Australia & New Zealand

In Australia and New Zealand, April 25 is known as ANZAC Day. ANZAC stands for Australia and New Zealand Army Corps. ANZAC Day is a national day of recognition of all people who have given themselves in the service of their countries and communities since ANZAC's first major military action combat in the First World War.

On April 25, 1915, ANZAC soldiers set up to capture the Gallipoli peninsula which is now known as ANZAC Cove in Türkiye. The Gallipoli campaign was intended to take Türkiye (Germany's ally) out of the war by blocking any Turkish troops retreating from the south and reinforcements coming from the north which would open the way to the Black Sea for the allies' navies.

The event marked the vast majority of 16,000 soldiers' first experience of combat. By that evening, 2,000 of them had been killed or wounded. Unfortunately, the plan to knock Türkiye out of the war quickly became a stalemate and the campaign dragged on for eight months with ANZAC troops withdrawing from the battle.

Today, ANZAC Day is a public holiday in Australia, New Zealand and its territories. Commemorative services are held at war memorials at dawn which is the time of the original landing in Gallipoli. Afterwards, services are followed with marches that feature current service people, former soldiers and their relatives.



Author's Australian husband visiting the Gallipoli trenches with the war memorial in the background

City of Guelph Yard Waste Collection

Paper bagged or bundled yard waste will be accepted on grey cart collection days until the fall.

Place yard waste to the curb no later than **6:30 am**, one foot from the curb and one meter from your grey cart. Don't put yard waste in any of your carts. Grass clippings are not accepted in yard waste collection or waste carts.

More info: Guelph.ca/yardwaste



Apps parents Should Know About

FIFTEEN APPS PARENTS SHOULD KNOW ABOUT

MEETME MEETME IS A DATING SOCIAL MEDIA APP THAT ALLOWS USERS TO CONNECT WITH PEOPLE BASED ON GEOGRAPHIC PROXIMITY. AS THE APP'S NAME SUGGESTS, USERS ARE ENCOURAGED TO MEET EACH OTHER IN PERSON.	GRINDR GRINDR IS A DATING APP CATERED TOWARDS GAY, BI AND TRANSGENDER PEOPLE. THE APP GIVES USERS OPTIONS TO CHAT, SHARE PHOTOS AND MEET UP BASED ON A SMART PHONE'S GPS LOCATION.	SKOUT SKOUT IS A LOCATION-BASED DATING APP AND WEBSITE. WHILE USERS UNDER 17 YEARS-OLD ARE UNABLE TO SHARE PRIVATE PHOTOS, KIDS CAN EASILY CREATE AN ACCOUNT USING A DIFFERENT AGE.
WHATSAPP WHATSAPP IS A POPULAR MESSAGING APP THAT ALLOWS USERS TO SEND TEXTS, PHOTOS, MAKE CALLS AND VIDEO CHATS. WORLDWIDE, WHATSAPP USES AN INTERNET CONNECTION ON SMART PHONES AND COMPUTERS.	TIKTOK TIKTOK IS A NEW MOBILE DEVICE APP POPULAR WITH KIDS USED FOR CREATING AND SHARING SHORT VIDEOS. WITH VERY LIMITED PRIVACY CONTROLS, USERS ARE VULNERABLE TO BULLYING AND EXPLICIT CONTENT.	BADOO BADOO IS A DATING AND SOCIAL NETWORKING APP WHERE USERS CAN CHAT, SHARE PHOTOS AND VIDEOS AND CONNECT BASED ON LOCATION. WHILE THE APP IS INTENDED FOR ADULTS ONLY, TEENS ARE KNOWN TO CREATE PROFILES.
BUMBLE BUMBLE IS SIMILAR TO THE POPULAR DATING APP TINDER. HOWEVER, IT REQUIRES WOMEN TO MAKE THE FIRST CONTACT. KIDS HAVE BEEN KNOWN TO USE BUMBLE TO CREATE FAKE ACCOUNTS AND FALSIFY THEIR AGE.	SNAPCHAT SNAPCHAT IS ONE OF THE MOST POPULAR APPS IN RECENT YEARS. WHILE THE APP PROMISES USERS CAN TAKE A PHOTO/VIDEO AND IT WILL DISAPPEAR, NEW FEATURES INCLUDING "STORIES" ALLOW USERS TO VIEW CONTENT FOR UP TO 24 HOURS.	KIK KIK ALLOWS ANYONE TO CONTACT AND DIRECT MESSAGE YOUR CHILD. KIDS CAN BYPASS TRADITIONAL TEXT MESSAGING FEATURES. KIK GIVES USERS UNLIMITED ACCESS TO ANYONE, ANYWHERE, ANYTIME.
LIVE.ME LIVE.ME IS A LIVE STREAMING VIDEO APP THAT USES GEOLOCATION TO SHARE VIDEOS SO USERS CAN FIND OUT A BROADCASTER'S EXACT LOCATION. USERS CAN EASILY COME AS A WAY TO "TAY" MINORS FOR PHOTOS.	HOLLA HOLLA IS A SELF-PROCLAIMED "ADVERTISING VIDEO CHAT" APP THAT ALLOWS USERS TO MEET PEOPLE ALL OVER THE WORLD IN JUST SECONDS. REVIEWERS SAY THEY HAVE BEEN CONFRONTED WITH RACIAL SLURS, EXPLICIT CONTENT AND MORE.	WHISPER WHISPER IS AN ANONYMOUS SOCIAL NETWORK THAT PROMOTES SHARING SECRETS WITH STRANGERS. IT ALSO REVEALS A USER'S LOCATION SO PEOPLE CAN MEET UP.
ASK.FM ASK.FM IS KNOWN FOR CYBER BULLYING. THE APP ENCOURAGES USERS TO ALLOW ANONYMOUS PEOPLE TO ASK THEM QUESTIONS.	CALCULATOR% CALCULATOR% IS ONLY ONE OF SEVERAL "SECRET" APPS USED TO HIDE PHOTOS, VIDEOS, FILES AND BROWSER HISTORY.	HOT OR NOT HOT OR NOT ENCOURAGES USERS TO RATE YOUR PROFILE, CHECK OUT PEOPLE IN THEIR AREA, AND CHAT WITH STRANGERS. THE GOAL OF THIS APP IS TO HOOK UP.

Kortright Hills Community News Cont'd!



Let's Celebrate Cinco de Mayo

Cinco de Mayo is an annual celebration held on May 5 to celebrate Mexico's battle over the French troops at [Puebla](#) in 1862. The political significance is that the Mexican soldiers, led by General Zaragoza, won the battle against the French troops who were better equipped and outnumbered the Mexican troops. The symbolic victory was an enormously emotional boost as the battle bolstered the resistance movement in Mexico. Cinco de Mayo is not Mexican Independence Day, a popular misconception but it commemorates a single battle.

In Mexico, the commemoration of the battle continues to be mostly ceremonial, such as military parades or battle reenactments. However, Cinco de Mayo is largely seen in America as a celebration of Mexican American culture stretching back to the 1800s in California. Today, festive activities mark the day with parties, mariachi music, folk dancing and traditional foods.



KHNG Pet Corner

Name: Loola

Age: 3 years old

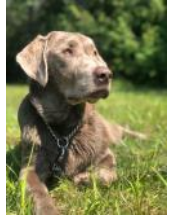
Breed: Silver Labrador

Family: She has human mom, human dad and 4 human siblings - Joseph, Jasmine, Jude and Jake

Favourite food: She loves cheese and also apples

Favourite thing to do: She loves diving underwater for rocks in the river

Best friend: A Berna doodle called Billy Four Paws



KHNG Eggstravaganza Event...

On Saturday March 23rd KHNG pre-Easter event "Eggstravaganza" was held and we were excited to see approximately 250 attendees enjoying our scavenger hunt, crafts, games, visiting our many community vendor tables, enjoying Italian gelato and having a photo taken with The Easter Bunny. Thank you to all our sponsors Guelph Humane Society; Children's Reading Room; McKenzie Seeds; Guelph Public Health; Egg Farmers of Ontario; City of Guelph; Ken Chew; Dominique O'Rourke; Guelph bookmobile; Makin Waves Swim School; Why Not! Italian Restaurant; GNSC, Crystal Horoscopes; Rae Wright for providing items for our guessing games and loot bags.



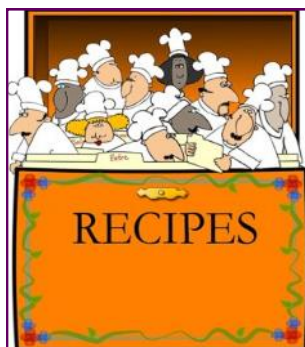
Eggstravaganza Photos



Kortright Hills

Recipe

Corner!!



"creating a village in the city"

Spanish Rice

Ingredients:

3 tablespoons of butter
 1 tablespoon of olive oil
 1½ cups of long-grain white rice
 ½ cup of finely chopped onion
 1 bell pepper, finely diced
 2 teaspoons of minced garlic
 1 (14.5-ounce) can of fire-roasted diced tomatoes, not drained
 1 (8-ounce) can of tomato sauce
 2 cups of chicken broth
 1 teaspoon of salt
 1 teaspoon of chili powder
 1 teaspoon of cumin
 1 teaspoon of cumin
 ½ teaspoon of black pepper
 1 teaspoon of paprika
 1 teaspoon of paprika



Directions:

Step One: In a large skillet that has a lid, melt butter with the olive oil. Add the uncooked rice, onion, and bell pepper and cook over medium to medium-high heat until the rice is golden brown and the vegetables are tender. Stir frequently. It takes about 15 to 20 minutes.

Step Two: Add the garlic, stir, and cook for about 1 minute. Add the diced tomatoes, tomato sauce, chicken broth, salt, pepper, chili powder, paprika, and cumin. Stir well.

Step Three: Bring to a boil and then cover. Reduce the heat and simmer for 20 to 25 minutes or until the rice is tender and the liquid is absorbed.

Spring Strawberry Spinach Salad

Ingredients:

1 bunch spinach, rinsed
 10 large strawberries, sliced
 ½ cup white sugar
 1 teaspoon salt
 ⅓ cup white wine vinegar
 1 cup vegetable oil
 1 tablespoon poppy seeds



Directions:

In a large bowl, mix the spinach and strawberries.

In a blender, place the sugar, salt, vinegar, and oil, and blend until smooth. Stir in the poppy seeds. Pour over the spinach and strawberries and toss to coat.

Kiwi Strawberry Smoothie

Ingredients:

¾ C pineapple and orange juice blend
 ½ C vanilla frozen yogurt
 1 banana
 6 strawberries
 1 kiwi



Directions:

Place juice blend, frozen yogurt, banana, strawberries, and kiwi into a blender. Blend until smooth and pour into 2 glasses.

Deviled Eggs

Ingredients:

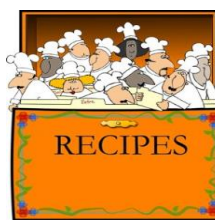
6 hard-cooked eggs
 1 tsp white vinegar
 1 tbsp. finely chopped celery
 2 tbsp. mayonnaise
 1 tsp prepared mustard
 ½ teaspoon salt, or to taste
 1 tsp white sugar, or to taste
 1 tbsp. finely chopped onion
 1 pinch paprika, or to taste

Directions:

Gather all ingredients. Peel hard-cooked eggs. Slice eggs in half lengthwise and remove yolks; set whites aside. Mash yolks with a fork in a small bowl. Stir in mayonnaise, sugar, vinegar, mustard, onion, and celery; mix well and season with salt to taste. Stuff or pipe egg yolk mixture into egg whites. Sprinkle with paprika. Refrigerate until serving.



Kortright Hills Recipe Corner!!



Chewy Strawberry Sugar Cookies

Ingredients:

1 ½ cups white sugar
1 large egg
2 ¾ cups all-purpose flour
½ teaspoon baking powder
½ cup white sugar
1 teaspoon red colored sugar (Optional)

1 cup butter, softened
3 tbsp. strawberry puree
1 teaspoon vanilla extract
½ teaspoon salt



Directions:

1. Preheat the oven to 350 degrees F (175 degrees C). Line a baking sheet with parchment paper. 2. Beat 1 ½ cups white sugar and butter together in a bowl with an electric mixer until creamy, about 3 minutes. Beat egg into butter mixture. 3. Add strawberry puree. Stir flour, vanilla extract, baking powder, and salt into strawberry mixture with a spoon until flour is completely incorporated into dough. 4. Stir ½ cup white sugar and red sugar together in a shallow bowl. 5. Roll dough into walnut-sized balls, roll each ball in red sugar mixture, and place each ball 1 ½ inches apart onto prepared baking sheets. 6. Lightly press each dough ball down to flatten. 7. Bake cookies in the preheated oven until lightly browned, 10 to 15 minutes. Cool.

Spring Fruit Trifle

Ingredients:

36 NILLA Wafers
2 tbsp. orange juice
3 c seasonal fresh fruit, such as kiwi, blueberries and/or sliced strawberries
3 c cold milk
2 pkg. (4 serving size) JELL-O Vanilla Flavor Instant Pudding & Pie Filling
6 (1 oz.) squares BAKER'S Premium White Baking Chocolate, melted, cooled slightly
1 (8 oz.) tub COOL WHIP Whipped Topping, thawed, divided



Directions:

Break wafers coarsely into 2-1/2-quart clear glass serving bowl. Sprinkle with liqueur; top with layers of fruit. Pour milk into medium bowl. Add dry pudding mix. Beat with wire whisk 2 minutes or until well blended. Refrigerate until pudding starts to thicken. Add chocolate; stir with wire whisk until well blended. Gently stir in half of the whipped topping. Spoon over fruit; top with the remaining whipped topping. Refrigerate at least 30 minutes or up to 24 hours before serving. Store leftover dessert in refrigerator.

Irish Cheddar Spring Onion Biscuits

Ingredients:

2 cups self-rising flour, plus more for kneading
¼ teaspoon baking soda
7 tablespoons very cold butter, cut into pieces
¾ cup buttermilk, plus additional for brushing
½ cup shredded Irish Cheddar cheese, divided, plus more for topping
¼ cup sliced green onions, divided



Directions:

Preheat the oven to 400 degrees F (200 degrees C). Line a baking sheet with parchment paper.

Whisk together self-rising flour and baking soda in a large bowl. Add cold butter and cut it into flour with a pastry blender until mixture resembles coarse crumbs, 5 to 7 minutes. Make a well in the center of flour mixture and pour in buttermilk. Stir with a fork just until mixture starts to come together to form a shaggy dough.

Transfer dough to a floured work surface. Press into a roughly shaped rectangle. Fold into thirds using a bench scraper. Press again into a rectangle, flouring the surface if dough seems sticky. Roll dough with a rolling pin to 1/2-inch thickness.

Sprinkle dough with 1/4 cup cheese and 1/8 cup green onions. Fold dough into thirds. Dust with flour, if necessary, and roll out again to about 1/2-inch thickness. Top with remaining 1/4 cup cheese and 1/8 cup green onions. Fold into thirds and roll out again to about 1/2-inch thickness. Use a 2- or 3-inch round cutter to cut out 12 biscuits.

Transfer biscuits to the prepared baking sheet. Brush lightly with buttermilk. Sprinkle the tops with about 1 teaspoon cheese.

Bake in the preheated oven until cooked through and golden brown, about 20 minutes. Transfer to a wire rack to cool.